

**PLANNED PROGRAM OF STUDY MASTERS OF EDUCATION WITH A CONCENTRATION IN**

**CLINICAL MENTAL HEALTH COUNSELING**

The LSU Clinical Mental Health Counseling Program provides professional level training to graduate students interested in working in community agency and mental health settings. The program is designed to prepare students to become Licensed Professional Counselors in the state of Louisiana. Students will receive knowledge, experience, and skills training in order to:

* Facilitate human development and adjustment throughout the life span
* Prevent, diagnose, and treat mental, emotional, or behavioral disorders and associated distresses which interfere with mental health
* Conduct assessments and diagnoses for the purpose of establishing treatment goals and objectives
* Plan, implement, and evaluate treatment plans using counseling treatment interventions and practices consistent with the ethical and professional standards of the counseling profession.

**Course Requirements**

The Clinical Mental Health Counseling non-thesis concentration requires the completion of 60 credit hours, a specified core of 48 credit hours, and 12 elective credit hours.

The Clinical Mental Health Counseling concentration with thesis requires a total of 60 credit hours, which includes 48 hours in the specified core, 9 credit hours for the thesis, and 3 elective credit hours.

**Fall (1st Year)**

\_\_\_\_\_ ELRC 4602 Introduction to Counseling Services (3)

\_\_\_\_\_ ELRC 7331 Counseling Theory and Techniques (3)

\_\_\_\_\_ ELRC 7391 Counseling Across the Lifespan (3)

**SPRING (1st year)**

\_\_\_\_\_ ELRC 7330 Group Counseling (3)

\_\_\_\_\_ ELRC 4600 Disabling Conditions (3)

\_\_\_\_\_ Elective

**SUMMER (1st year)**

\_\_\_\_\_ ELRC 7333 Analysis of the Individual (3)

\_\_\_\_\_ ELRC 7334 Vocational Counseling (3)

\_\_\_\_\_ ELRC 7395 Family Counseling (3)

**Fall (2nd year)**

\_\_\_\_\_ ELRC 7345 Counseling Skills and Interventions (3)

\_\_\_\_\_ ELRC 7393 Multicultural Counseling (3)

\_\_\_\_\_ ELRC 4249 Understanding and Applying Research in Education (3)

**Spring (2nd year)**

\_\_\_\_\_ ELRC 7395 Family Counseling (3)

\_\_\_\_\_ ELRC 7364 Practicum in CMHC (6)

**Summer (2nd year)**

\_\_\_\_\_ ELRC 7348 Counseling Skills for Substance Use Problems

\_\_\_\_\_ Elective

**Fall (3rd year)**

\_\_\_\_\_ ELRC 7399 Internsip CMHC (3)

\_\_\_\_\_ Elective

Spring (3rd year)

\_\_\_\_\_ ELRC 7399 Supervised Counseling Internship (3)

\_\_\_\_\_ Elective

In addition to core courses, students will have the opportunity to choose twelve (12) hours of electives from the cognate areas below:

**Elective Courses**

There are 12 hours of electives (4 courses) required in the program, and a total of 60 credit hours. Possible elective courses include:

ELRC 4370 Counseling Girls and Women (Spring)

ELRC 4603 Crisis and Trauma (Summer)

ELRC 7398 Couples Counseling (Fall and Summer)

ELRC 4360 Introduction to School Counseling (Fall)

ELRC 4361 Counseling Children (Spring)

ELRC 7326 PK-12 College and Career Readiness (Spring)

***Courses in Social Work***

SW 7406 Social work with Lesbian, Gay, Bisexual and Transgender People

SW 7305 Grief and Bereavement

**Courses in School of Education**

EDCI 7764 Social and Emotional Development of the Gifted

**Applied Behavior Analysis (ABA) Related Courses**

EDCI 6701 Content ABA

EDCI 6702 Content ABA

EDCI 6703 School Based Models, Tactics, Strategies

EDCI 6704 ABA Practicum

EDCI 7727 Single Subject Research in ABA

Other courses may be approved by permission of advisor

Please note: Program changes may be made only with the advisor’s approval. The plan approved above must conform to the program of study for the degree sought. It is the student’s responsibility to be knowledgeable of LSU Graduate School regulations to ensure that the planned program conforms to Graduate School and Departmental Requirements.

**Faculty Advisors**

Students will be assigned a major advisor and two committee members upon admission to the program. Students will meet with their advisors for guidance throughout the program. If students have a question about program requirements or concerns, they should contact their faculty advisor first. Although students may meet with their faculty advisor any time there is a concern, there are several required program milestones during which students will meet with their advisors:

* Initial advisory session to complete program of study
* At the completion of the first year, during the summer semester a Student Academic, Professional, and Personal Review form will be completed with each student’s advisor.
* In October of the second year, a Review Form will be completed with each student’s advisor as part of the pre-practicum review process.
* At the completion of the second year, during the summer semester a Review form will be completed with each student’s advisor.
* In October of the 3rd year, students will meet with their advisor as part of preparation for the comprehensive exam, final internship placement, and graduation requirements.
* In April of the 3rd year, students will meet with their advisor to complete the final Review Form

**Comprehensive Examinations**

Degree requirements include successful completion of the Counselor Preparation Comprehensive Examination (CPCE). This is a 160 question multiple choice exam that assesses the student’s knowledge of core areas of counseling. Students take the exam in their last semester of the program with permission of their faculty advisor. To be eligible to take the comprehensive examination, students must have at least a 3.0 overall grade point average. Please see <https://www.cce-global.org/assessmentsandexams/cpce> for more information about the exam.

## **Professional Development**

In addition to meeting academic requirements, students are expected to develop a professional orientation, generally defined as internalized attitudes, perspectives, and personal commitment to the standards, ideals, and identity of a profession. Evidence of professionalism includes: active participation and leadership in professional organizations; attendance at local, state, regional, and/or national meetings; acquisition of appropriate counselor credentials; professional growth; and the continued pursuit of knowledge. Students are also are encouraged to present papers at professional conferences and meetings and to participate in workshops and in-service training.

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Student Signature Date

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Advisor’s Signature Date