Weekly Planner

# Instructions

Fill out the weekly planner in order to see when you are and are not available for the week. Enter the start and end of the activity followed by the name and the duration of the activity. In between activities, it may help to visualize your schedule by entering in the time between activities as an activity itself so you can see how much time you have between events.

# Monday

# Tuesday

# Wednesday

# Thursday

# Friday

# Saturday

# Sunday

# To-Do List

# When planning your day:

* 8 hours for school
* 8 hours for personal
* 8 hours for sleep

# Reflections on How This Week Went

# Additional Info

For more information, visit the Center of Academic Success in B-31 Coates Hall, call (225)578-2872, or visit [lsu.edu/cas](https://lsu.edu/cas/).